

**Two-Burn ISS Reboost Using Eight Progress ДПО-БТ Thrusters and YC-21**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40	FE-1	Post-sleep
06:10-06:30	CDR	
06:30-06:40	CDR	Hematocrit. Hematocrit test
06:40-06:50	FE-1	
06:40-06:50	CDR	Post-sleep
06:50-07:40	CDR	BREAKFAST
06:50-06:55	FE-1	Hematocrit Kit stowage
06:55-07:55	FE-1	SPRUT. Study of liquid media in human body. <i>Tagup with specialists (S-band)</i>
07:40-08:05	CDR	Work prep
07:55-08:20	FE-1	BREAKFAST
08:05-08:20	CDR	Renal Stone: CDR diet log
08:20-08:35		Daily planning conference ( <i>S-band</i> )
08:35-09:00	FE-1	BREAKFAST
08:40-09:40	CDR	EVA timeline review
09:00-10:00	FE-1	EVA timeline review
09:40-11:10	CDR	HRF 2 - Setting up Pulmonary Function System
10:00-10:30	FE-1	Renal Stone: hardware setup
10:30-11:20	FE-1	PILLE dosimeter readings dump. <i>Tagup with specialists as necessary (S-band)</i>
11:10-12:40	CDR	Physical exercise (RED)
11:20-12:50	FE-1	Physical exercise (TVIS), day 4
12:40-13:25	CDR	HRF 2 - Checkout of Pulmonary Function System
12:55-13:05	FE-1	HRF 2 - Photo-documenting the Pulmonary Function System
13:05-13:20	FE-1	Private medical conference ( <i>S-band</i> )
13:25-14:25		LUNCH
14:25-14:50		EVA tagup with MCC ( <i>S-band</i> )
14:50-15:20	FE-1	COЖ maintenance <i>Inspection of БРПК separator</i>
14:55-15:55	CDR	HRF 2 - Deactivation of Pulmonary Function System
15:20-16:20	FE-1	Crew time for adaptation and ISS familiarization
15:55-16:10	CDR	Private medical conference ( <i>S-band</i> )
16:10-16:50	CDR	Crew time for adaptation and ISS familiarization
16:20-16:35	FE-1	Renal Stone: FE1diet log
16:50-17:15	.	<b>ISS-MCC TV.</b> TV greetings to the Environmental Audit Work Group Meeting. <b>To=16:51, T1, T2, T3 from СПП</b>
17:20-18:20	CDR	Physical exercise (CEVIS)
17:20-18:20	FE-1	Physical exercise (VELO + Load Trainer/Cycle 1), day 4
18:20-18:40	CDR	Crew time for adaptation and ISS familiarization
18:20-18:25	FE-1	Transfer TVIS, RED, and HRM data to MEC
18:25-18:55	FE-1	Daily plan review
18:40-18:55	CDR	HRF2: PFS power down
18:55-19:10		Daily planning conference ( <i>S-band</i> )

19:10-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00	.	SLEEP
<b>Task list</b>	FE-1	IMS file prep
		<b>On MCC GO:</b> ISS repress with O2 from Progress 354 CpПК

**Note:** See OSTP for references to US activities.

End of radiogram